

Curriculum Vitae

Lisa Roberts, PT, MS, DPT, CSCS

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Miami, Florida 33199
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Department of Physical Therapy
Florida International University
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Education

University of St. Augustine for Health Sciences
St. Augustine, Florida
2005 – 2007
Doctor of Physical Therapy (DPT) degree, 2007

Nova Southeastern University.
Davie, Florida
1996 – 1999
Master of Science degree in Elder Care Administration, 1999

University of Florida.
Gainesville, Florida
1980 – 1984
Bachelor of Health Science in Physical Therapy, 1984.

Licensure Information

1984 - Present Physical Therapist License, Florida PT4205

Certifications

ACSM/NCHPAD Certified Inclusive Fitness Trainer, July 6, 2016
American College of Sports Medicine and the National Center on Health, Physical Activity and Disability

Certified Senior Strength Trainer (International Weightlifting Association), June 13, 2015

American Physical Therapy Association, Board Certified Specialist in Geriatric Physical Therapy 1995 - 2005
Recertification as a Board Certified Specialist in Geriatric Physical Therapy June 2005 – June 2015

Certified as Area Director for FUNfitness, Special Olympics. September 2014 to present.

Certified Strength and Conditioning Specialist (CSCS), May 2014 to present.

Certified Health Coach, February 2014 to present.

First Aid Certification

- Basic Life Support for Healthcare Providers, May 2017
- Wilderness First Aid, October 2014

Employment

Florida International University
Department of Physical Therapy
Clinical Assistant Professor, 2005 to present

Florida International University
Department of Physical Therapy
Visiting Assistant Professor, 2000 – 2005

Florida International University
Department of Physical Therapy
Adjunct Lecturer, 2000

Outreach Senior Healthcare, Fort Lauderdale, Florida
Territory Manager and Physical Therapist, 1999 to 2005

Care Plus Rehabilitation, Hallandale, Florida
Director of Physical Therapy/Clinical Coordinator 1999

Boca West CORF, Hallandale, Florida
(formerly known as JBM/Medicorf/Intracoastal Rehabilitation)
Director of Physical Therapy/Clinic Coordinator 1994 to 1999

John Knox Village, Pompano Beach, Florida
Employed by Selective Rehabilitative Services/RehabWorks, Inc.
Coordinator of Outpatient and Home Health Services 1993 to 1994
Director of Rehabilitation 1988 to 1993

Florida International University
Department of Physical Therapy
Adjunct Lecturer, Summer Semester, 1988

Institute of Medical Specialties, North Miami Beach, Florida
Employed by Selective Rehabilitative Services, Inc.
Physical Therapy Evening Supervisor, 1986 to 1988

St. John's Rehabilitation Center, Lauderdale Lakes, Florida
Physical Therapist 1984 to 1986

Peer Reviewed Publications

Brown, EL, Ruggiano N, Page, T, **Roberts, L**, Hristidis, V, Whiteman, K, Castro, J. CareHeroes web and android apps for dementia caregivers: a feasibility study. *Research in Gerontological Nursing*, July/August 2016 - Volume 9 · Issue 4: 193-203.

<http://www.healio.com/nursing/journals/rgn/2016-7-9-4/%7B3b737b80-1f1e-43c4-8695-dd8b3ba0d40c%7D/careheroes-web-and-android-apps-for-dementia-caregivers-a-feasibility-study>

Vieira, E, Rose-St. Prix, C, **Roberts, L**, Svoboda, S, Belniak, A. Work-related musculoskeletal disorders among physical therapists. *Disability and Rehabilitation*. Published online May 26, 2015.

<http://informahealthcare.com/doi/abs/10.3109/09638288.2015.1049375?journalCode=dre>

Ruggiano N, Shtompel N, Hristidis V, **Roberts L**, Grochowski J, Brown EL. Need and potential use of information technology for case manager-physician communication in home care. *Home Health Care Management & Practice*, December 2012; Vol 24(6):292-297. <http://hhc.sagepub.com/content/24/6/292.abstract>

Page TF, Brown EL, Ruggiano N, **Roberts L**, Hristidis V. The Home Care Dashboard: Improving care delivery using health information technology. *Annals of Long Term Care: Clinical Care and Aging*. December 2012. Vol 20 (12). <http://www.annalsoflongtermcare.com/article/improving-care-delivery-using-health-information-technology-home-care-setting-development-ho>

Kirk Sanchez N, **Roberts L**, Cornely H. Managing chronic disease – enhancing patient adherence to a home exercise program. *Gerinotes* 11 (1). 2004.

Roberts L. Stress and the older patient. *Gerinotes* 7 (4). 2000.

Roberts L. Documentation of informed consent in a health care setting. *The Child and Youth Care Leader*. 7 (2). 1997.

Peer Reviewed Scientific Presentations

Debra Stern, **Lisa Roberts**. Tales from the Crypt: Physical Therapy is Risky Business. Educational Session. Florida Physical Therapy Association Spring Conference, March 31, 2017. Lake Mary, Florida.

Nicole Ruggiano, Ellen Brown, **Lisa Roberts**, Vagelis Hristidis, Peter Clarke. Expanding Health Information Technology to Support Hispanic Caregivers and Improve Dementia Care. The Gerontological Society of America Annual Scientific Meeting, New Orleans. Platform Presentation, Clinical Interventions Track. (Nicole Ruggiano of the CareHeroes Team) on 11/19/16.

Debra Stern, Elsa Drevyn, **Lisa Roberts**. FUNfitness Screening – A Collaborative, Interuniversity Integrated Clinical Experience (ICE) and Service Learning Opportunity to Build Professionalism and Clinical Skills in Physical Therapy Students Between Universities. Poster Presentation. American Physical Therapy Association NEXT Conference. June 2016.

Debra Stern, Elsa Drevyn, **Lisa Roberts**. FUNfitness Screening – A Collaborative, Interuniversity Integrated Clinical Experience (ICE) and Service Learning Opportunity to Build Professionalism and Clinical Skills in Physical Therapy Students Between Universities. Poster Presentation. Nova Southeastern University Health Professions Division Research Day, February 2016.

Debra Stern, **Lisa Roberts**. Medical Errors Prevention. Educational Session. Florida Physical Therapy Association Annual Conference and Assembly of Representatives. Orlando, Florida, September 2015.

Debra Stern, **Lisa Roberts**. Medical Errors Prevention. Educational Session. Florida Physical Therapy Association Spring Conference. Orlando, Florida, March 2015.

Stephanie Svoboda, Alexandra Belniak, Edgar Ramos Vieira, **Lisa Roberts**, Colleen Rose-St. Prix. Work-Related Musculoskeletal Disorders among Florida Physical Therapists. Platform Presentation. Florida Physical Therapy Association Annual Conference and Assembly of Representatives, September 2013.

Melissa Pratt, Mirit Hazan, Edgar Ramos Vieira, **Lisa Roberts**, Colleen Rose-St. Prix. Musculoskeletal Discomfort and Disorders among Physical Therapists: A Systematic Review. Poster Presentation. American Physical Therapy Association Annual Conference and Exposition, June 2012.

Martha Bloyer, **Lisa Roberts**, Mark Rossi, Jennifer Cabrera, Blerim Dibra. Generational Gaps in Clinical Education: Assessing the Need for Generational Diversity Training among Clinical Educators. Poster Presentation. American Physical Therapy Association Annual Conference and Exposition, June 2012.

Steve Bernstein, Mark Rossi, Martha Bloyer, **Lisa Roberts**, Jenny Butler, Monica Gomez, Shawna Peterson, Teresita Simeon, Nadia Thomas. Class Project Bridges the Gap Between Academia and the Clinic: A Method to Enhance Learning and Evidence Based Practice. Poster Presentation. American Physical Therapy Association Annual Conference and Exposition, June 2009.

Steve Bernstein, Mark Rossi, **Lisa Roberts**, Craig Hill, Aracelly Latino. Use of Website Technology to Predict Physical Therapy Student Performance: Effect on Faculty Perceptions. Poster Presentation. American Physical Therapy Association Annual Conference and Exposition, June 2008.

Steve Bernstein, Mark Rossi, **Lisa Roberts**, Craig Hill, Aracelly Latino. Use of Website Technology to Predict Physical Therapy Student Performance: Effect on Faculty Perceptions. Poster Presentation. American Physical Therapy Association Combined Sections Meeting, February 2008.

Lisa Roberts, Helen Cornely. Safe Exercise for Arthritis and Other Medical Conditions: A Look at Tai Chi. Educational Session. American Physical Therapy Association Combined Sections Meeting, February 2005.

Lisa Roberts. Osteoporosis Management. Educational Session. Annual Conference and Assembly of Representatives of the Florida Physical Therapy Association, August 2004.

Neva Kirk Sanchez, **Lisa Roberts**. Managing Chronic Disease: Facilitating Adherence to Exercise Programs. Educational Session. American Physical Therapy Association Annual Conference and Exposition, June 2004.

Non Peer Reviewed Publications

Abstracts of Current Literature

Davis, DS. Teaching professionalism: a survey of physical therapy educators. *J Allied Health*. 2009;38(2):74-80. Abstract published in the *Journal of Physical Therapy Education*. Spring 2010, Vol 24, No 2.

Long TM, Perry DF. Pediatric physical therapists' perceptions of their training in assistive technology, *Physical Therapy*. May 2008;88(5):629-639. Abstract published in the *Journal of Physical Therapy Education*. Spring 2009, Vol 23, No 1.

Sanders CW, Sadoski M, van Walsum K, Bramson R, Wiprud R, Fossum TW. Learning basic surgical skills with mental imagery: using the simulation centre in the mind. *Med Educ*. 2008;42(6):607-612. Abstract published in the *Journal of Physical Therapy Education*. Winter 2008, Vol 22, No 3.

Roberts L. The bare bones of osteoporosis. *Physical Therapy Products Magazine*. May 2006.

Roberts L. After the fall. *Physical Therapy Products Magazine*. October 2005.

Non Peer Reviewed Presentations

Lisa Roberts. Physical Activity: Using Movement in the Prevention and Management of Alzheimer's Disease. Alzheimer's Association Regional Education Conference, Florida International University, Biscayne Bay Campus. April 8, 2017.

Lisa Roberts. Principles of Fall Prevention. Miami Lighthouse: Engaging the Low Vision Community through Education, Research, and Service. June 4, 2016.

Lisa Roberts, Marilys Randolph. Physiology of Vital Signs. Florida Physical Therapy Association Southeast District Meeting, 3/15/16.

Debra Stern, **Lisa Roberts**. Tales from the Crypt: Physical Therapy is Risky Business. Florida Physical Therapy Association Student Conclave held at Florida International University, January 23, 2016.

Laura Miller McPherson, **Lisa Roberts**. Introduction to Clinical Research for Physical Therapists. Memorial Healthcare Systems, December 1, 2015.

Lisa Roberts. Preventing Sudden Death through a Comprehensive Cardiac Screening for Athletic Trainers and Physical Therapists. November 7, 2015.

Lisa Roberts. Medical Errors Prevention. Florida Physical Therapy Association Southeast District Meeting. 8/25/15.

Lisa Roberts. Medical Errors Prevention. Presented at Florida Gulf Coast University, April 23, 2015.

Lisa Roberts. Principles of Fall Prevention. Miami Lighthouse: Engaging the Low Vision Community through Education, Research, and Service. February 7, 2015.

Lisa Roberts. Principles of Fall Prevention. Miami Lighthouse: Engaging the Low Vision Community through Education, Research, and Service. February 22, 2014.

Lisa Roberts. Medical Errors Prevention. Florida Physical Therapy Association Southeast District Meeting. 4/30/13.

Lisa Roberts. The Role of the Physical Therapist on an Interdisciplinary Team. Interprofessional Geriatric Training Conference presented by the Miami Area Geriatric Education Center (MAGEC). March 20, 2013.

Lisa Roberts, John Clapp. Fall Prevention and Safe Ambulation. Miami Lighthouse: Engaging the Low Vision Community through Education, Research, and Service. March 3, 2012.

Lisa Roberts, Debra Stern. Medical Errors Prevention. Florida Physical Therapy Association Southeast District Meeting. July 26, 2011.

Lisa Roberts, John Clapp. Fall Prevention. Miami Lighthouse: Interdisciplinary Approaches to Low Vision across the Lifespan. November 6, 2010.

Lisa Roberts. Medical Errors Prevention. Florida Physical Therapy Association Southeast District Meeting. 8/25/09.

Lisa Roberts, Martha Bloyer, Elsa Drevyn. Clinical Educator's Certification Workshop, 10/4/08.

Lori Nolan Gusman, **Lisa Roberts**, Anna Tischenko. Clinical Educator's Certification Workshop, 10/13/07.

Charlotte Silver Kofler, **Lisa Roberts**, Debra Stern. Clinical Educator's Certification Workshop, 11/04/06.

Lori Nolan Gusman, Charlotte Silver Kofler, **Lisa Roberts**. Clinical Educator's Certification Workshop, 6/10/06.

Lisa Roberts. Benefits of Physical and Occupational Therapy for Patients with Dementia. Wein Center for Memory Loss, Mt. Sinai Hospital Medical Campus, 1/6/05.

Lisa Roberts. The Benefits of Physical and Occupational Therapy. Parkinson's Support Group of Miami, 11/11/04.

Lisa Roberts. Guidelines for Physical Therapy Management. Muscular Dystrophy Association Support Group of Miami, 10/14/04.

Francine Behar, **Lisa Roberts**. "How the APTA Works for You" to physical therapist assistant students at Miami Dade Community College, 4/21/04.

Lisa Roberts. Physical Therapy & the Management of Osteoarthritis. Speaking of Pain: A Symposium on Arthritis and Joint Pain. Arthritis Foundation, Dade County Chapter, 10/11/03.

Lisa Roberts, Benjamin Lechner. Role of Physical and Occupational Therapy for Patients with Arthritis. Rheumatology Fellows at Jackson Memorial Hospital. Presentation dates, 2/12/03, 10/22/03, 10/5/06, 8/23/07, 1/29/09 and 12/10/09.

Lisa Roberts. Success Oriented Treatment of Geriatric Patients with Dementia. Outreach Senior Healthcare professionals (PT/OT/ST). Topic was presented on four separate occasions in various locations around Florida. 9/23/03, 9/25/03, 9/30/03, and 10/7/03.

Funded Grant Activity

Ruggiano, N and Brown, E. L. Hartford Change AGENTS Initiative Award. Expanding Health Information Technology to Support Hispanic Caregivers, 1/1/2016 -12/31/2016. **Lisa Roberts** was a volunteer participant in this project. Co-investigators received a \$10, 000 grant to create educational videos in English and Spanish specialized for those who are providing care for individuals with dementia.

Florida Department of Health funded “Home Care Continuum Dashboard: A Pilot Project” for approximately \$146, 000, September 2014. Primary Investigator: Ellen Brown. **Lisa Roberts** is part of the Care Heroes Team. Project completed June 30, 2015.

Vieira ER, Brunt D, **Roberts, L**, Rose-St. Prix, C, Co-Investigators. \$4000.00.
Research project entitled “Work-Related Musculoskeletal Disorders among Florida Physical Therapists.”
Linda Crane Research Grant, Florida Physical Therapy Association, 2012

Elbaum L and **Roberts L**, Co-Investigators. \$7,499.83
Project Title: “Creating an inflection point for the Department of Physical Therapy at FIU”
Kauffman Professor Award Recipient, FIU Pino Global Entrepreneurship Center
January 29, 2010 to January 29, 2011

Bloyer M, **Roberts L**, Cabrera, J, Dibra B, Co-Investigators. \$1000.00.
Project Title: “Generational Gaps in Clinical Education: Assessing the Need for Generational Diversity Training among Clinical Instructors”
Florida Consortium of Clinical Educators, 2008.

Current/Active Research Activity None

Honors and Awards

Selected as an item writer for the American Board of Physical Therapy Specialties. Area of expertise: Geriatric Physical Therapy. Two year term beginning January 1, 2012 through December 31, 2013. Was reappointed for another term October 2013, ending December 2015.

APTA Credentialed Clinical Instructor awarded August 2009. Advanced Credentialed Clinical Instructor was awarded in March 2012.

FIU Department of Physical Therapy received the APTA’s Minority Initiatives Award.
APTA Annual Conference and Exposition, June 2006, Orlando, Florida.

Selected as an item writer for the American Board of Physical Therapy Specialties. Area of expertise: Geriatric Physical Therapy. 2005 – 2006 Term.

Professional Organization and Service Positions

Chief Assembly Representative, Southeast District, Florida Chapter of the American Physical Therapy Association, 2016.

Florida Chapter of APTA, Assembly Representative, 2015.

FPTA Falls Task Force member, September 2015 to present.

Appointed member (November 2013 to present) of the FPTA Continuing Education Procedures Committee. Debra Stern, Chairperson.

Chief Assembly Representative, Southeast District, Florida Chapter of the American Physical Therapy Association. Elected term 2012 -2014.

Florida Delegate, APTA House of Delegates, National Harbor, Maryland, 06/11

Florida Delegate, APTA House of Delegates, Boston, Massachusetts, 06/10

Florida Delegate, APTA House of Delegates, Baltimore, Maryland, 06/09

Florida Delegate, APTA House of Delegates, San Antonio, Texas, 06/08

Elected Regional Director, Southeast District, Florida Chapter of APTA. 2009 – 2011. Regional Director also serves on the FPTA Board of Directors. Term as Board of Directors member ended September 24, 2011.

Elected Regional Director, Southeast District, Florida Chapter of APTA. 2007 – 2009. Regional Director also serves on the FPTA Board of Directors.

Abstract Editor Assistant for the *Journal of Physical Therapy Education*. Selected July 26, 2007 for a two year term.

Florida Chapter of APTA, Assembly Representative 2002 through 2007.

Elected Secretary, Southeast District, Florida Chapter of APTA. 2005 – 2007, Term ended 7/07.

Elected Council-at-Large, Southeast District, Florida Chapter of APTA. 2003 – 2004, Term ended 7/05

Memberships

American Physical Therapy Association (APTA)
➤ APTA Section, Academy of Geriatric Physical Therapy

Florida Physical Therapy Association (FPTA)

Florida Consortium of Clinical Educators (FCCE)

National Strength and Conditioning Association (NSCA)

Consultative and Advisory Positions Held

Keiser University Physical Therapist Assistant Program Advisory Board
Term beginning December 2013 to present
Miami, Florida

Community Service

Consultant and provider of pro bono services as requested.

Volunteer with Bit-by-Bit Medical Therapeutic Riding Center. Volunteer duties include side walking, community outreach, and general barn maintenance. January 2017 to present.

Special Olympics FUNfitness activities with FIU physical therapy student involvement. State Summer Games, Orlando, May 19, 2017.

Special Olympics FUNfitness, Area Games in Fort Lauderdale, 3/4/17. FIU physical therapy students were also involved in this event.

Special Olympics FUNfitness, State Fall Games in Orlando, 11/11/16 – 11/12/16. FIU physical therapy students were also involved in this event.

Participated in the Miami Dade STEM Expo Science Fair, February 6, 2016. Students from grades 3 – 12 were competing in the areas of science, technology, engineering, and mathematics. Judged projects for a special APA award for achievement in research in psychological science.

Participated in the 100 Black Men of South Florida Nursing and Health Sciences Summer Academy, July 17, 2015.

Special Olympics Area Games for Tennis – University of Miami. April 12, 2015. Participated in the FUNfitness event to screen athletes along with FIU students.

Participated in the Miami Dade STEM Expo Science Fair, February 7, 2015. Students from grades 3 – 12 were competing in the areas of science, technology, engineering, and mathematics. Judged environmental related science projects.

Alzheimer's Association, Walk to End Alzheimer's. November 8, 2014.
Facilitated FIU PT student involvement with the walk. Raised funds for the Alzheimer's Association.

Parkinson's Foundation, Moving Day Miami, October 5, 2014.
Facilitated FIU PT student involvement with the walk. Raised funds for the Parkinson's Foundation.

Certified as Area Director for FUNfitness, Special Olympics. September 5 - 6, 2014.

Along with FIU first year physical therapy students, volunteered for the 2014 Miami-Dade County Special Olympics Aquatics Competition, June 1, 2014.

Special Olympics Area Games – Palm Beach County. April 5, 2014. Participated in the FUNfitness event to screen athletes.

American Heart Association, Heart Walk held at Miami Marlins Park, October 26, 2013.
Facilitated FIU PT student involvement with the walk. Raised funds for the American Heart Association.

Special Olympics Area Games – Palm Beach County. April 6, 2013. Participated in the FUNfitness event to screen athletes.

Participated in the Miami Dade STEM Expo Science Fair, January 26, 2013. Students from grades 3 – 12 were competing in the areas of science, technology, engineering, and mathematics. Judged medicine-related and animal science projects.

Involvement with MAST students from Homestead High School, Homestead, Florida.

- Facilitated meeting with MAST students on March 15, 2013. Topics included general admission guidelines for entrance into Florida International University, Financial Aid, Introduction to the College of Nursing and Health Sciences, and Clinical Education as it relates to the physical therapy curriculum. Along with Ann Tackoor, arranged guest speakers from FIU.
- Physical therapy lab activities with Dr. Leonard Elbaum, November 9, 2012
- Parent/Mentor May Day Event, May 12, 2012

A Day for Children – Broward County. September 23, 2012. Participated in the FUNfitness event to screen athletes involved in Special Olympics.

Special Olympics Area Games – Palm Beach County. March 31, 2012. Participated in the FUNfitness event to screen athletes.

Participated in the Miami Dade STEM Expo Science Fair, January 21, 2012. Students from grades 3 – 12 were competing in the areas of science, technology, engineering, and mathematics. Medicine-related projects.

Participated in CarFit with the Florida International University Occupational Therapy Department. CarFit is an educational program geared towards senior drivers. Miami Gardens, December 3, 2011.

American Heart Association, Heart Walk held at Florida International University, October 29, 2011.

Facilitated FIU PT student involvement with the walk. Raised funds for the American Heart Association.

Hosted students from Mater Academy Charter High School in Hialeah Gardens. The students were members of the Sports Medicine Association club with Jessica Rivera their academic sponsor. Along with Colleen Rose-St. Prix, gave the students an introduction to the physical therapy profession. February 8, 2011.

American Heart Association, Heart Walk held at Florida International University, October 30, 2010.

Facilitated FIU PT student involvement with the walk. Raised funds for the American Heart Association.

Participated in CarFit with the Florida International University Occupational Therapy Department. CarFit is an educational program geared towards senior drivers. Miami Lakes, October 23, 2010.

Great Strides Cystic Fibrosis Walk at Florida International University, April 3, 2010.

Facilitated FIU PT student involvement with the walk's warm-up program.

American Heart Walk, Fort Lauderdale, Florida, 2007

Facilitated FIU PT student involvement and raised funds as a 5K walker

Family Festival of Arts & Games for Disabled Children, 3/3/07.

Along with FIU PT students, worked with disabled children and their parents.

Miami-Dade County School Board Meeting, Backpack Safety. 10/11/06. Co-presenter Helen Cornely, PT, EdD.

Habitat for Humanity, Delray Beach, Florida, October, 2005

Event sponsored by the Florida Physical Therapy Association Southeast District.

Facilitated FIU PT student involvement

Senior Olympics, sponsored by the Mayor's Health & Fitness Challenge, 5/21/04.

Along with FIU PT students, provided information to participants

Race for the Cure, Miami, Florida, 2004

Facilitated FIU PT student involvement and raised funds as a 5K walker

Physical Therapy with Sole, Physical Therapy Month Activity, 2004

Presented donated shoes to Camillus House, Miami, Florida

Facilitated FIU PT student involvement in the shoe collection

Arthritis Walk, Arthritis Foundation, Fort Lauderdale, Florida, 2003 and 2004

Volunteer, worked with registration and public relations

Sports Access Day, sponsored by HealthSouth, 9/21/02.

Along with FIU PT students, worked with the adapted water skiing program.

Shriner's Clinic at Florida International University

Spring semester 2003

Fall semester 2002

Spring semester 2002

Fall semester 2001

American Heart Walk, Fort Lauderdale, Florida, 2002

Facilitated FIU PT student involvement and raised funds as a 5K walker

Services to the University/College/School on Committees/Councils/Commissions

Nicole Wertheim College of Nursing and Health Sciences Activities

- Steering Committee
- Search and Screen Committees
- Clinical Practice Task Force
- Promotion of Clinical Faculty Committee
- Annual Interdisciplinary Workshop

Faculty advisor to the FIU Physical Therapy Student Association. 2001 to 2016.

- Foundation of Physical Therapy. Florida International University won the Most Successful PT Newcomer in the Pittsburgh-Marquette Challenge (2015 – 2016). Awarded at the APTA NEXT Conference June 2016.
- PTSA won the President's Cup 2002-2003 from the FIU Student Organization Council.