

Michelle Kameka, Ed.D, MPH
Bachelors of Health Services Administration

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#### **EDUCATION**

- Ed.D in Organizational Leadership, Argosy University, Chicago, IL.
- MPH, University of Illinois, Chicago, IL
- B.S., University of Illinois, Urbana, IL

## **AREA(S) OF SPECIALTY**

Dr. Kameka, in addition to being an educator, also coordinates, plans, and implements various health programs throughout community areas. She has over 15 years of experience in the field of health service administration working with the local, state, and federal government.

## RESEARCH/SCHOLARSHIP

The primary goals of Dr. Kameka's research are to study the process of transitioning from pediatric to adult health care, school to higher education and work, and childhood dependency to adult autonomy as well as the development of transition programs that are effective in increasing the quality of life for populations with chronic diseases—with an emphasis on sickle cell disease. Dr. Kameka hopes to utilize this research to highlight the need for effective transition programs that take a holistic approach and encompasses not only health care needs but social and life necessities as well. Currently, Dr. Kameka is researching cultural attitudes such as fatalisms and prejudices in individuals with a chronic disease. The research she has done thus far has shown that these factors have an impact on the individual's perception and influences their quality of life. In the future, Dr. Kameka would also like to enhance health literacy in individuals with a chronic disease. With appropriate measures to self-manage the disease, Dr. Kameka believes that individuals with a chronic disease will also feel empowered to self-manage a prolific and fulfilled life.

#### **INTERESTS**

- Traveling
- Reading

# **QUOTE**

Intelligence plus character that is the goal of true education. - Dr. Martin Luther King Jr.

