



**Inside this
issue:**

| | |
|---|---|
| Class of 2007 | 1 |
| Message from the Editor | 1 |
| Faculty Activities | 2 |
| Alumni & FPTA | 2 |
| Alumni News | 3 |
| BSPT from India ... MSPT from FIU | 3 |
| PT Alumni at Memorial Hospital West | 3 |
| PT Scholarship Recipients | 4 |
| Arts & Games Festival | 4 |
| Job Fair: Save the Date | 4 |
| Honorable Mention | 4 |

**Editor:
Dr. Awilda Haskins**



Florida International University College of Nursing and Health Sciences Physical Therapy News

Available on the web at: www.physicaltherapy.fiu.edu

Volume 3, Issue 2, Fall 2007

Congratulations, Class of 2007!



From left to right, front row: Scott Brown, Gaspara Miranda, Sonya Perrin, Karene Chen, Lynn Buergo, Sylvianne Llovet, Kathy Cancino, Theresa Lima, Cynthia Espinal, Aracelly Latino, Kerri-Ann Mangaroo, Chhabi Shah, Susie Garcia, and Lumana Augustin. Middle row: Rene Meneses, Eric Ford, Luz Perez, Diana Bazzarelli, Ashley Harris, Sara Welliver, Susana Delgado, Yessnia Roa, Juliana Guerrera, David Capote, Marie Sonoguet, Jenny Sheridan, and Melissa Jean-Baptiste. Top row: Roberto Sabater, Fernando Rodriguez, Craig Hill, Dean McIntosh, Jessica Schneider, Jonelle Marinelli, Angela Beining, Jasmani Cata, Camilla Grant, David Carracci, Nigel Hart, Mo Moussignac, James Buchanan, Kendrick Summers, Jaime Valencia, Damion Salmon, Natalie Sowell, and Dr. Leonard Elbaum.

A Message From The Editor



This spot on page one is usually reserved for a message from our Chairperson, but with apologies to Dr. Leonard Elbaum, I am using my editorial prerogative to grab it and say a final few words. Most of you know by now that I will be retiring on December 31st after 29 years at the University. I wanted to take a few moments to reflect on those years and to thank those persons who have contributed to my happiness at FIU. Roger Skovly, Burt Dunevitz and Terry Higgins were my first mentors. Roger gave me freedom to do what I wanted; Burt taught me to care about the students above all else; Terry showed me how to have fun by engaging the students. Throughout the years others pushed me: Catherine Page sent me back for my doctoral degree ("You can do it, Willie"); Reba Anderson (OT) got me involved in minority student recruitment and retention; Colleen Rose-St. Prix and Len Elbaum collaborated on the very first paper I ever published in *Physical Therapy*; Neva Kirk-Sanchez worked with me for two years to get our next paper published. Then there's Helen Cornely, who claims I was her mentor, but who gave me more than I ever gave her and who will forever be my friend.

Finally, there are my students. Some call them graduates or alumni; to me they will always be "students." *My* students. My family hears about them, and rolls their eyes when I start bragging about them. One of the reasons that I started this newsletter was that I wanted to share with the world their terrific accomplishments. If you read the next three pages and the archived issues of this newsletter (on <http://physicaltherapy.fiu.edu>) you will be proud. It's been 35 years since the first PT class was admitted, and there are now over 1300 physical therapist graduates of FIU; over 1200 of those were or are *my* students. They have all accomplished great things and brought honor to our program and to the University.

To my colleagues, present and former, and to *my* students: You will be in my heart forever.

Faculty Activities

Publications

Haskins AR, Bruce-Morency A. Is there a relationship between a physical therapist's race or ethnicity and the type of population served? *Physical Therapy*. 2006. Abstract. Available at: <http://www.apta.org/AM/abstracts/pt2006/abstractsPt.cfm?pubNo=PO-RR-62-SA>. Accessed August 28, 2006.

Frazier NQ, White KD, Barrett CH, **Haskins AR**. The relationship between physical therapist students' scores on the CPI during the neurorehabilitation rotation and neuroscience lecture grades. *The Internet Journal of Allied Health Science and Practice*. 2007;5(2):36. Abstract. Available at: http://ijahsp.nova.edu/articles/vol5num2/hpers_abstracts_final.pdf. Accessed April 26, 2007.

Macey E, McGraw N, Price C, **Haskins AR**. Use of the physical therapist Clinical Performance Instrument: acceptance by clinical instructors and self-reports of adherence. *The Internet Journal of Allied Health Science and Practice*. 2007;5(2):37. Abstract. Available at: http://ijahsp.nova.edu/articles/vol5num2/hpers_abstracts_final.pdf. Accessed April 26, 2007.

Presentations

Steve Bernstein, Mark Rossi, Lisa Roberts, Craig Hill, and Aracelly Latino. "Use of website technology to predict physical therapy student performance: Effect on faculty perceptions." (Refereed poster accepted for presentation at CSM 2008 in Nashville, TN, February 2008.)

Leonard Elbaum and Mark Rossi. "The effects of electromyographically-triggered electric stimulation on active dorsiflexion ROM of the ankle in children with spastic, diplegic cerebral palsy: a pilot study." (Refereed poster accepted for presentation at CSM 2008 in Nashville, TN.)

Awilda Haskins and Cathy Hinton. "Culturally competent ethical practice in physical therapy." (Refereed educational program) PT 2007, Scientific Meeting & Exposition of the American Physical Therapy Association, Denver, CO, June 27, 2007.

Awilda Haskins, Neva Kirk-Sanchez, and

Joey Tsai. "The impact of race, ethnicity, and country of professional preparation on physical therapists' assessment and treatment preferences." (Refereed platform presentation) Improving Health Care Quality Through Research, the 6th Annual Research Conference of the College of Nursing and Health Sciences, Florida International University, Miami, FL, April 13, 2007.

Mark Rossi, Thomas Eberle, Martin Roche, David Capote, and Jasmani Cata. "Utilization of an exercise protocol with the distal segment fixed following primary unilateral knee replacement: A descriptive analysis." (Refereed poster accepted for presentation at CSM 2008 in Nashville, TN.)

Thomas Eberle, Mark Rossi, Martin Roche, Theresa Lima, Aracelly Latino, and Katherine Cancino. "Utilization of closed-chain exercise combined with physical therapy within one week following unilateral total knee replacement (TKR) surgery." (Refereed poster accepted for presentation at the annual conference of the American Academy of Orthopaedic Manual Physical Therapists, St. Louis, MO, October 2007.)

Grants

Dr. Awilda Haskins received \$46,406 in funding from the US Department of Health & Human Services in *Scholarships for Disadvantaged Students* for academic year 2007 – 2008.

Other

Dr. Steve Bernstein, Clinical Assistant Professor and Director of Admissions for the Department of Physical Therapy, is conducting research on the use of website technology by physical therapist students, and on CVA questions submitted by physical therapist clinicians. Steve has also developed two elective courses for the DPT curriculum: "Technology and Communication Management for Physical Therapists"; and, "Private Practice Seminar for Physical Therapists."

Martha Bloyer, Director of Clinical Education, has been working with Steve Bernstein in obtaining questions clinicians may have about rehabilitating patients who have suffered a CVA, in an effort to try to merge research with practice. She has reviewed a book proposal on orthotics and prosthetics for Slack Incorporated. Martha is organizing the December 12th PT Job

Fair and Capstone Seminar.

Thomas Eberle, DPT, Adjunct Professor, completed his third year of orthopedic residency, earning his Doctorate of Manual Therapy. Further, he has been inducted as a Fellow of the American Academy of Orthopedic Manual Therapy (AAOMPT). There are only 550 fellows in the US, and Thomas is the only one in south Florida.

Congratulations, Dr. Roberts!

Dr. Lisa Roberts, Clinical Associate Professor, earned the transitional DPT degree from the University of St. Augustine for Health Sciences in St. Augustine, Florida. Congratulations **Dr. Roberts!**

Dr. Lisa Roberts, recently elected Regional Director for the Southeast District, served as a representative at the Florida Physical Therapy Association Assembly of Representatives. Lisa has also been selected to participate as an Abstract Editor Assistant for the *Journal of Physical Therapy Education*.

Marlon Wong, DPT, Adjunct Professor and FIU PT graduate (class of 2002) passed the OCS exam in spring, and is now a board certified orthopedic specialist. Marlon is working for Select Physical Therapy on Miami Beach. He just returned from a 10 day tour of China.

Alejandra Zuniga, Adjunct Professor and FIU PT graduate (class of 1997) is Supervisor of Therapy Services for the Spinal Cord Injury/Disorders Division at the Miami VA Medical Center. Alex is getting her PhD in PT from NSU.

Alumni & FPTA

Lisa Farrell, Class of 1988, was this year's recipient of the Linda Crane Research Award. Her presentation, "Comparison of Subjective Complaints and Balance Impairments among Groups with Peripheral Canal versus Otolith Vestibular Dysfunction" kicked off the FPTA Annual Conference on Friday August 10 in Daytona Beach. Three FIU grads - **Steve Musco** ('83), **Ellen O'Bannon** ('82), and **Eric Shamus** ('92) - were among 12 persons elected to represent Florida at the 2008 APTA House of Delegates. Go Panthers!

Alumni News:

Angelitta Bruce-Morency, Class of 2005, recently moved to Georgia with her husband Vernet, and her daughter Briana.



Alicia Fernandez-Fernandez, Class of 2002, is a neonatal PT at South Miami Hospital. Alicia also has a BS and a PhD in biomedical engineering from FIU, and has started the t-DPT program at Nova Southeastern University. She says that her two-year-old son, Jorge, keeps her even busier than school and work!

Ana Hall, Class of 1988, is a PT and a Major in the US Air Force. She is stationed at Goodfellow Air Force Base in San Angelo, Texas, and has previously completed tours of duty in Saudi Arabia and Alaska.

Roxanne (Wald) Hopkins, Class of 1982, is Director of Rehab Services (PT/OT/ST) at Florida Hospital in Orange City in Central Florida. Roxanne has been there since it was built in 1994.

Rey Jaffet, Class of 1994, is Market Manager for Select Physical Therapy in Miami. He and wife, Grace (nee Hargett, Class of 1990) have two sons: Rey Jr. and Rafi.

Georgia Kraft, Class of 2004, is working for KTH Physiotherapy Services in Nassau, Bahamas.

Carmen Negron-Wagman, Class of 1988, is a practicing PT in Maryland.

Marangela Obispo (on the right), Class of 2005, has successfully completed the Post-Professional Residency in Geriatric PT. She and



Sabrina Massoni Camilo, GCS (on the left), Class of 2003, were guest speakers at the International Post-Polio Conference in Miami.

Leona Rodriguez, Class of 2004, is working at Westside Regional Medical Center and pursuing a doctoral degree at Nova Southeastern University. Leona was recently elected to the Nominating Committee of the SE District, FPTA. She has two children, ages 1 and 2.

Christine Barrett Salmon, Class of 2005, was married in April. She and Damion are expecting their first child in March 2008. Christine is in the t-DPT program at Nova Southeastern University and working at HCS Manor Care in Ft. Lauderdale.

Judi Schack-Dugre, class of 1986, is an Instructor in the Program in Physical Therapy at the University of Central Florida in Orlando.

Edd Silverman, Class of 2006, is at Prince William Hospital in Mannassass, Virginia.

Cini Varughese, Class of 1999 (BSPT) and 2000 (MSPT), is at Frankford Hospital in Warminister, Pennsylvania.

BSPT from India . . . MSPT from FIU

Six physical therapists educated in India are completing their post-professional Master of Science in Physical Therapy degrees at FIU. Pictured here, from left to right are (front row) Sheetal Barot, Esha Wadhwa, and Jyoti Gupta, and (back row) Anil Bansal, Ravs Patel, and Utkarsh Bhatt.



FIU Making a Difference

PT Alumni at Memorial Hospital West

Fifteen of the 33 physical therapists at Memorial Hospital West in Pembroke Pines are FIU alumni. A part of the Memorial Healthcare System, Memorial Hospital West is Florida's newest Magnet Designated Facility, boasts a JCAHO Certified Stroke Center and is the largest provider of outpatient rehabilitation in Broward County. The outpatient rehabilitation department is located in the Fitness and Rehabilitation Center, a 30,000 square foot facility containing a pool, state of the art technology, a full service gym and a multidisciplinary team of professionals involved in wellness, health promotion, injury prevention, return to sports, and sports enhancement. It has been recognized by the *South Florida Business Journal* as the "Best Rehabilitation Services." (continued on page 4)



Outpatient PT Staff

DEPARTMENT OF PHYSICAL THERAPY

College of Nursing &
Health Sciences
Florida International
University
University Park Campus
HLS-348
11200 SW 8th Street,
Miami, FL 33199

Phone: (305) 348-3647
Fax: (305) 348-1979

www.physicaltherapy.fiu.edu

PT Grads!
We'd Like to Hear From
You!
To share your news,
photos, & ideas please
email us at:
elbauml@fiu.edu

Donate to Your Alma Mater

The Physical Therapy Program relies on the goodwill of its alumni and friends to enhance the quality of its programs and services. Please consider making a donation or establishing an endowment to benefit the Departmental teaching, research and service missions.

Honorable Mention

Brent Spechler
Class of 1978
Donor
The David and Elsie
Spechler Endowment

For information, contact:
Leonard Elbaum,
Chairperson
elbauml@fiu.edu
305-348-3113

Physical Therapy Scholarship Recipients



PT students were recipients of numerous scholarships at the College of Nursing & Health Sciences Donor Luncheon. Shown (from left to right): Dianne James (Mary Hurst Memorial Scholarship), Aracelly Latino (Mercedes Zabaleta Memorial Scholarship), Ranjana Champatsingh (Mary Hurst Memorial Scholarship), Monica Gomez (Arnold S. Friedman Memorial Scholarship), Jodi-Ann Turnbull (Greg Esposito Memorial Scholarship), Ana Diaz (Arnold S. Friedman Memorial Scholarship), Sandra Alcazar (Arnold S. Friedman Memorial Scholarship), Eric Del Orbe (Arnold S. Friedman Memorial Scholarship), and Scholarship Committee member, Dr. Awilda Haskins (far right).

The Arts and Games Festival

Sponsored by Creative Children's Therapy, the Arts & Games Festival is an annual event that allows physical therapy students to interact with children with physical disabilities. During this fun-filled day of music, art and sport events at the Hammocks Indian Park in South Dade, approximately 75 children participated.

Right: Cynthia Espinal, Dr. Lisa Roberts, Ashley Harris, and Melissa Ramos.



SAVE THE DATE — DECEMBER 12, 2007 — SAVE THE DATE

Annual FIU Job Fair and Research Presentations (earn 3 CEHs)
For more information contact Martha Bloyer, DCE: mbloyer@fiu.edu

FIU Making a Difference ("Memorial Hospital West" continued from page 3)

The physical therapy staff includes individuals who specialize or hold certifications in manual therapy, lymphedema, pediatrics and NDT, vestibular rehab, aquatics, orthopedics and sports therapy, ergonomics, and urinary and fecal incontinence. Many of the therapists are pursuing doctorate degrees and APTA specialization. Several of the therapists have published or presented nationally at CSM and APTA conferences, offered FPTA approved courses, and hosted many continuing education opportunities for the physical therapy community.

Memorial Hospital West emphasizes one on one, individualized patient care guided by evidence-based practice, and strives to improve clinical outcomes by participating in benchmarked performance improvement initiatives.



The Stroke Center Staff