

# Advanced Nursing Education Workforce (ANEW) Traineeship Newsletter

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## WELCOME

Hello and welcome, to our third newsletter of the ANEW Traineeship!

I am excited to share new announcement for the 2019 ANEW Traineeship. The Health Resources & Services Administration (HRSA) has provided an [Administrative Supplement Award for the 2019 ANEW Traineeship Program](#). Additional grant support will allow us to include trainings in opioid use disorder (OUD), proper pain management, and mental health.

Applications for the ANEW Traineeship concluded October 19<sup>th</sup>, 2018 with only the top 30 % selected for interviews. It is my pleasure to announce we have accepted 3 Adult Nurse Practitioner students to complete their Spring 2019 ANEW Traineeship.

Spring 2019 traineeship recipients will begin their trainings in OUD, pain management, and mental health starting January 2019. Trainings will contribute to each trainees' clinical preparedness while simultaneously bridging healthcare gaps in our rural communities.



Dr. Tami L. Thomas, PhD, RN, CPNP, FAANP, FAAN  
Associate Dean of Research & PhD Program Director

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## Meet Our Trainees

### Septimio Julio Gonzalez



Septimio is an Adult FEP Nurse Practitioner student with numerous years of experience working with underserved rural communities in Florida, Venezuela, and in his native home of Cuba. Prior to becoming a student at FIU, Mr. Gonzalez worked as the sole healthcare provider on a small island off the shore of Cuba "Isle of Youth" where he provided medical care for island natives. Septimio is an advocate of health equity and states that through the ANEW Traineeship he will *"provide a holistic and culturally competent care approach to improve not only quality of care but also the spiritual, mental, physical, and social wellbeing of each patient regardless of background or social condition"*.

### Jawed Mallick



Jawed is part of the Adult FEP-Program and shares a unique connection with rural communities where in his native home of Pakistan, he would dedicate countless hours as the sole provider in the rural town of Karachi. Jawed was a general physician with expertise in tuberculosis, COPD, asthma, rheumatoid arthritis, enteric fever, dengue fever, diabetes and hypertension. Mr. Mallick is excited, grateful, and humbled by his acceptance to the ANEW Traineeship program and plans on working alongside Hendry and Glades County community members to *"increase health promotion, health literacy, and counseling"*.

### Manoj Shukla



Manoj is part of the Adult FEP-Program and has extensive experience directly associated with serving rural populations primarily in his native home of India. As a medical student in India, Manoj worked with many organization including Pulse Polio, National Medicos Organization, and the Red Cross to increase vaccination rates and health literacy in his community. After moving to the United States, Manoj continued to work with rural communities in Arkansas and Florida. Mr. Shukla is very excited to begin his ANEW Traineeship and believes through this program he will *"enhance his leadership qualities, communication skills with patients, and clinical competency to provide effective, efficient, and equal care across Florida."*



## Innovations in Clinical Training

As part of the newly awarded HRSA Administrative Supplement, the ANEW Program will implement mental health, pain management, and opioid use disorder (OUD) trainings for awarded trainees. The “SOPS - Safe Opioid Prescribing Strategies” initiative will focus on both the variation in prevalence of OUD and the subsequent effect on rural healthcare and primary care services.



**“SOPS - Safe Opioid Prescribing Strategies”**  
**Course Instructor:**  
**Dr. Derrick Glymph DNAP, CRNA, APRN, COL., USAR**

Dr. Glymph will provide expert advice on opioid use disorder clinical care and effective training techniques to facilitate the care delivery process and clinical evaluation of students in the community. Dr. Glymph will also evaluate current systems/resources in opioid use disorder and consult with Program Director to make recommendations and develop protocols/policies for ANEW trainees.

Course trainings will focus on opioid use and mental health in relation to patient pain management and proper management in emergency care settings. The online component will consist of learning modules, assignments, and quizzes that will continually track trainee knowledge and progress on OUD and Mental Health trainings.

Each ANEW trainee will learn to define and classify pain, factors affecting patient response to pain (gender, age, ethnicity, religion, culture, genetics, patient perception, patient expectations, past experiences, socioeconomic) and psychiatric factors influencing pain.

### ANEW Goals

1. Increase nurse practitioner primary care in rural Hendry & Glades County.
2. Address health needs of rural communities and provide appropriate treatment.
3. Examine preceptor mentorship and clinical trainings needed for rural healthcare.
4. Increase Opioid Use Disorder, Pain Management, and Mental Health trainings for nurse practitioners.

**ANEW Summer 2019 Applications will open Monday December 10, 2018 and close Friday February 8, 2019. Visit [www.cnhs.fiu.edu/ANEW/](http://www.cnhs.fiu.edu/ANEW/)**

Please stay tuned for our next newsletter highlighting our Spring 2019 trainees in Hendry & Glades County!

