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ANew Traineeship Newsletter

SPRING 2020

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Care

FIU | **Nicole Wertheim
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FLORIDA INTERNATIONAL UNIVERSITY

WELCOME

Hello and welcome, to the sixth newsletter of the ANEW Traineeship!

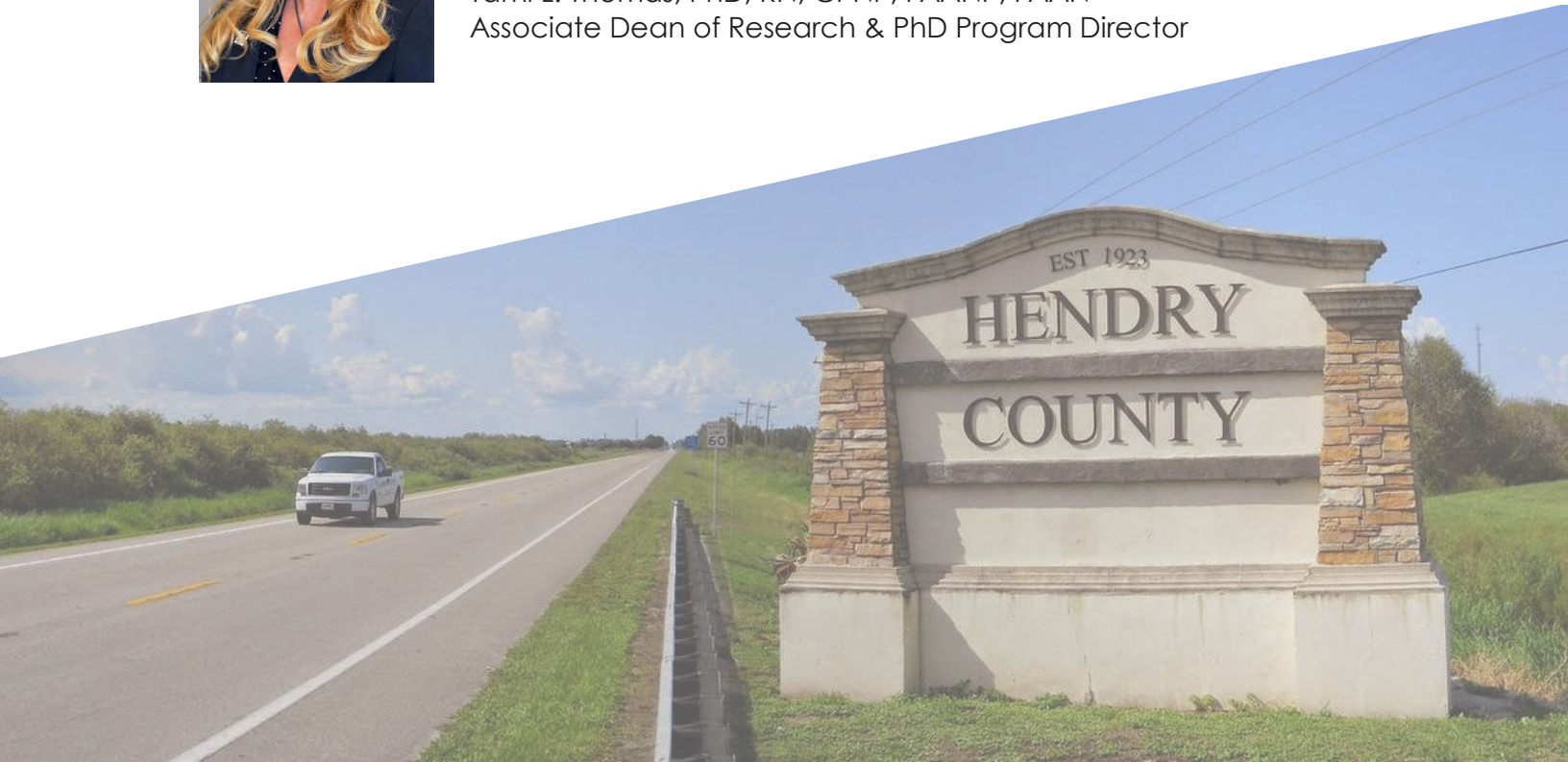
This issue features our ANEW Spring 2020 trainees and updates from the Fall 2019 semester. Applications for our fourth cohort concluded November 1, 2019 with only the top 20 % selected for interviews. Selection was very competitive as we received many wonderful applications. For this spring semester, we have

students to complete their clinical training in different clinics located in Hendry and Glades County. Trainees will continue to enroll in trainings focused on primary care services, telemedicine, opioid use disorder, mental health, pain management, and HIV patient care. Please join me in congratulating our trainees!



A handwritten signature in black ink that reads "Tami L. Thomas PhD". The script is fluid and cursive.

Tami L. Thomas, PhD, RN, CPNP, FAANP, FAAN
Associate Dean of Research & PhD Program Director



Serving Floridians

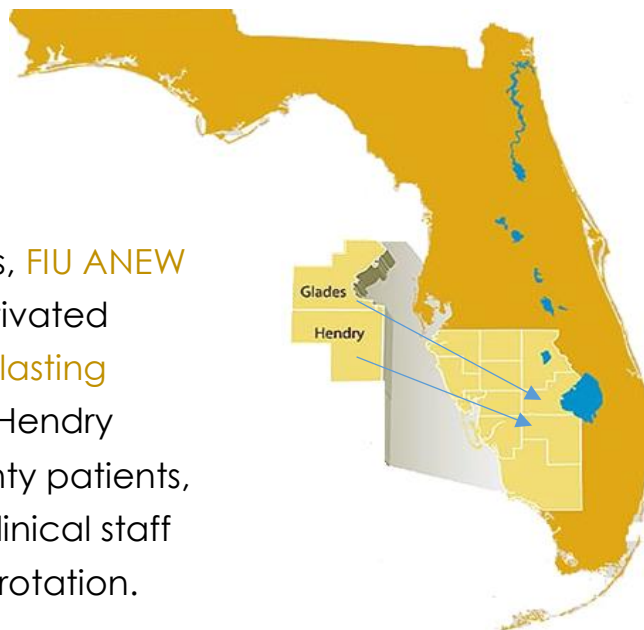
For over two years, **FIU ANEW trainees** have cultivated **positive** and **long lasting relationships** with Hendry and Glades County patients, physicians, and clinical staff throughout each rotation.

The ANEW Traineeship has demonstrated increases in comprehensive patient care and improvement in nursing student clinical competency, patient care, collaboration and treatment plan.

Clinical traineeship for ANEW trainees involved rigorous preceptor mentorship along with specialized trainings in telehealth, opioid use disorder, and HIV care.

ANEW Trainees have dedicated over **2,940 clinical hours** providing primary care and preventative services to both adults and children.

Moreover, students have made it a priority to assist outside clinical traineeship by attending community health fairs and living in Clewiston throughout their rotation.



Traineeship Spotlight:

*Spring 2020 ANEW
Traineeship*

“ I am grateful and humbled in being selected as a Spring 2020 ANEW Trainee. I am excited and ready to work with Hendry County physicians and staff to address and provide treatment options for community members. ”

— 2020 ANEW Trainee





Christi Koshy

Christi is a Pediatric Nurse Practitioner student and Registered Nurse in Florida. Originally from a rural community in Poland, Ms. Koshy has firsthand experience with the challenges in accessing primary care services, she recalls many situations where her parents would often plan and travel hours to their local physician for annual check-ups and vaccines. This experience developed Christi's strong passion and commitment to increasing high quality healthcare and education in rural communities and propelled her to become a pediatric health provider. Ms. Koshy exemplifies passion and an eagerness to learn and care for patients and families. Her strong commitment and dedication to Advanced Practice Pediatric Nursing and relationships built with patients and families has ignited her passion to serve as an ANEW Trainee.



Francisco Rico

Francisco is a Pediatric Nurse Practitioner student who shares a unique connection with rural communities. In his youth, Mr. Rico worked alongside his family as a migrant worker from the 6th grade until his sophomore year in high school. Mr. Rico is fueled by his personal experiences in rural communities and has become an advocate for rural health equity and primary health care for children and families of migrant workers. Moreover, Francisco has dedicated countless hours as a health provider working with children and families struggling with complex health concerns. He has a passion to improve primary pediatric health screenings such as ear and vision checks, and improving vaccination rates. Mr. Rico shared he anticipates his participation in the ANEW traineeship will “expand available resources in delivering healthcare in rural settings while making personal and long-lasting bonds with patients and providers in Hendry and Glades County”.



Herold Jean Francois

Herold is a Family Nurse Practitioner student with extensive experience serving underserved and rural communities across Miami-Dade, Hendry, and Palm Beach County. Mr. Francois has worked with a variety of patients across the life span primarily with substance use disorders and addictions in the rural areas of Clewiston, Belle Glade, and Pahokee. Herold is passionate about primary care in rural communities because he believes equal access to primary care services “is crucial to patient’s mental, emotional, and physical well-being”. Mr. Francois has over 8 years of experience as an RN at the John F. Kennedy Medical Center and is excited to explore the new challenges and benefits of completing the ANEW Traineeship. He hopes to refine in his clinical decision-making skills for complex chronic conditions, develop therapeutic solutions for rural families, and provide accessible treatment options for patients of different backgrounds.

ANEW Innovations in Rural Care

Graduate Nursing and Rural Research

Ongoing analysis of ANEW trainee process and outcome measures for clinical competency and decision-making has shown a 100% improvement for graduate nursing students who complete the ANEW traineeship.

Through this traineeship trainees have gained experience working in rural areas, opioid use disorder, mental health, telemedicine, and other clinical skills necessary for their career as a nurse practitioner, while simultaneously serving as an effective and efficient model for academic and clinical traineeships addressing and increasing trained primary care NP practice in vulnerable and underserved areas.

Impact

The FIU ANEW Traineeship serves as a replicable model for globally increasing ARNP training and availability for primary care services in rural underserved communities, and allocating effective and efficient solutions for healthcare limitation in rural communities.

Past Research Conference:

Sigma Theta Tau (STTI) Congress 2019
Alberta, Canada
July 25-29, 2019



Upcoming Research Conference:

Sigma Theta Tau 31st International Nursing Research Congress 2020
Dubai, UAB
July 27, 2020

Accepted Abstracts:

1. "How Innovations Rural Nursing Will Reduce Rural Opioid Use And Transform Global Nursing Scholarship"
2. "Transforming Global Nursing Research and Scholarship through Connections and Collaborations in Rural Areas"

For more information, please contact Michelle Caldera,
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