

Advanced Nursing Education Workforce (ANEW) Traineeship Newsletter

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WELCOME

Hello and welcome, to the fourth newsletter of the ANEW Traineeship!

I am happy to announce that for this summer semester, we have gained additional preceptors and clinical sites allowing for Adult, Family, and Pediatric Nurse Practitioner students to apply for the program.

For Summer 2019, we have accepted 6 Nurse Practitioner students to complete their clinical training in 4 different clinics located in Hendry and Glades County.

This \$1.39 Million two year HRSA funded innovative academic and clinical training program has prepared **16** Advanced Practice Nurse Practitioner students to **provide primary healthcare services in rural and underserved communities**.

Via HRSA's **Administrative Supplement Award**, **9** students have been enrolled in trainings centered on opioid use disorder (OUD), proper pain management, and mental health.

I am very excited to share this wonderful opportunity for our faculty, staff, students, and college.



A handwritten signature in black ink that reads 'Tami L. Thomas PhD'.

Tami L. Thomas, PhD, RN, CPNP, FAANP, FAAN
Associate Dean of Research & PhD Program Director

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Looking Back

As defined by our ANEW Spring 2019 trainees, the ANEW Program has been a life changing experience preparing them for **ANEW future** they look forward to working in.



Our Spring ANEW Trainees were heavily involved in Hendry and Glades County community events. During their traineeship, Septimio, Manoj, and Jawed attended the annual Hendry County's Health Fair on February 2, 2019 where they engaged with community members and worked with the Florida Department of Health performing HIV screenings and promoting safe sex practices.

Innovations in Clinical Training

*Initial, mid, and final clinical evaluations of ANEW Trainees have demonstrated a **100% increase in graduate nursing student performance in clinical and comprehensive care.***

As part of the newly awarded HRSA Administrative Supplement, the ANEW Program implemented the online **"SOPS - Safe Opioid Prescribing Strategies"** initiative focused on mental health, pain management, and opioid use disorder (OUD) in rural health and primary care services.

As the course instructor, **Dr. Derrick Glymph DNAP, CRNA, APRN, COL., USAR** interacted with students throughout the 16 week spring semester and provided expert advice on opioid use disorder clinical care and effective training techniques to facilitate the care delivery process and evaluation of patients.

Graduate nursing students gained critical knowledge and understanding on how to detect over prescription of pain medication and monitor and track patients who are dependent on prescription pain medication. The course assignments and quizzes translated to their clinical rotation where trainees gained experience using EFORCE to track opioid dependent patients in Labelle and Clewiston.



Meet Our Trainees



Marteng Adolphe



is an Adult Nurse Practitioner student. Originally from Haiti, Mrs. Marteng is a first generation college degree student and has worked directly with rural and underserved communities both in her native country and in Orlando, Florida. As a health provider in Haiti, Marteng dedicated numerous years working with many organizations to increase health equity and health literacy in the community. As an ICU nurse in the United States, Mrs. Adolphe continues to advocate for permanent viable solutions for coverage and accessibility to clinics, hospital and affordability for patient plan of care. Mrs. Adolphe is very excited to begin the ANEW Traineeship and plans to *"manage resources to avoid shortages of health resources in order to enhance leadership qualities, communication skills with patients, and clinical competency to provide effective, efficient, and equal care in Florida."*

Maria Budylna



is an Adult Nurse Practitioner student with firsthand experience in rural communities in her native home of Russia. During her medical training as a surgeon in Russia, Mrs. Budylna worked with remote isolated villages with limited access to electricity, water, gas, or sewage disposal, where these communities were plagued by high rates of alcoholism, frost bites, gangrene, pneumonia, sinusitis, and chest congestions. As a health provider Maria was able to increase vaccination rates, provide proper antibiotic access, and develop health literacy programs in rural areas of Russia while simultaneously integrating her experience as a Nurse Practitioner student in Mt. Sinai Medical Center. Mrs. Budylna is self-directed, energetic, compassionate, and highly motivated to complete the ANEW Traineeship program where she plans to *"bridge the cultural gap in rural America"*.

Rita Ozomah



is a Pediatric Nurse Practitioner student and Registered Nurse in both Texas and Florida. Originally from a rural community in Nigeria, Mrs. Ozomah's first exposure to saving a life was at the age of 14 where she was able to perform chest compressions on a young boy drowning at the village stream. This experience developed Rita's strong passion and commitment to increasing high quality healthcare and education in rural communities which propelled her to become a pediatric health provider. With her first step at age 14, Rita continued to work with rural communities into adulthood as a pediatrician in Nigeria and as a nurse in Houston, Texas. Mrs. Ozomah exemplifies passion and an eagerness to learn and care for patients and families, where her strong commitment and dedication to her profession and patient/family relationships will translate to her role as an ANEW Trainee.

Meet Our Trainees



Ahmed Abdulhamed



is part of the Family FEP-Program and has extensive experience directly associated with serving rural populations primarily in his native home of Egypt. Mr. Abdulhamed has worked with a variety of patients ranging from prenatal to geriatric stages of life. Ahmed is passionate about primary care and rural communities because he believes bridging primary care services in rural communities will *"broaden my knowledge to treat many different types of health conditions, provide a stronger understanding of medical ethics, and the importance of nurse practitioner and medical practice."* Mr. Abdulhamed enjoys the challenges and benefits of completing the ANEW Traineeship and anticipates an increase in his clinical decision making skills, therapeutic solutions for patient health conditions, and providing safe and salient treatment options for patients with different economic and social backgrounds.

Timur Kadirov



is our third Adult Nurse Practitioner student from Uzbekistan who was a general surgeon practicing in rural communities. Mr. Kadirov has continued to work with patients from underserved backgrounds in the United States, where he has integrated his experience as a health provider to increase health literacy, treatment options, and healthy lifestyle modifications for all types of patients. Timur is an advocate of transcultural nursing where he emphasizes the importance of understanding diversity in patient background which influences patient lifestyle, treatment options, plan of care, and patient-provider relationship and trust. Mr. Kadirov is excited and grateful to be an ANEW Trainee where he plans on using this experience to *"improve his clinical competency skills, integration in a healthcare team, accurate diagnoses, and pharmacological knowledge for treatment plans"*.

Praveen Kumar



is our second Pediatric Nurse Practitioner student who shares a unique connection with rural communities where in his native home of Nepal and in Oklahoma and Florida, he has dedicated countless hours as a health provider working with patients with multiple health concerns such as sexually transmitted diseases, life-threatening pediatric health issues such as upper and lower respiratory infections, gastroenteritis, child abuse, substance abuse, and mental health issues. Praveen is an advocate of patient's health and wellbeing and is dedicated to improving vaccination rates in rural communities. Furthermore, Praveen served in the US Army Reserve where he was stationed in Fort Skills, Oklahoma providing basic medical aid with limited resources and healthcare services to soldiers and nearby rural communities. Via the ANEW Traineeship, Mr. Kumar anticipates *"increase in understanding the importance of available resources in delivering healthcare in rural settings"*.

Community Advisory Board (CAB)

Continuous collaboration with Hendry and Glades County stakeholders has successfully increased program planning, clinical site, graduate student traineeship awards, clinical feedback on student performance, and allowed for community integration.

Community perspective is imperative for the success of this program as it allows graduate nursing students the ability to understand and evaluate patient outlook, feedback on training issues, healthcare issues, planned approaches to care and issues that confront students, administrators, and clinical staff.

ANew Goals

1. Increase nurse practitioner primary care in rural Hendry & Glades County.
2. Address health needs of rural communities and provide appropriate treatment.
3. Examine preceptor mentorship and clinical trainings needed for rural healthcare.
4. Increase opioid use disorder, pain management, and mental health trainings for nurse practitioners.

ANew trainees will complete their traineeship in 4 clinics located in Hendry and Glades County.

The aftermath of Hurricane Irma caused catastrophic damages in Hendry and Glades County, which significantly delayed the implementation and evaluation of the ANew Traineeship program. One of our clinical partners, the Florida Department of Health clinic in Labelle, underwent structural damage to the facilities with no roof or electricity for months.

Florida Department of Health Labelle Clinic

1140 Pratt Boulevard
LaBelle, FL 33935



Presently, **clinic activity for this site is open** and ANew Trainees will provide primary care for Ryan White patients. This **site will incorporate telehealth and features two new preceptors:** Dr. Jeffrey Beal and ARNP Erika Cruz-Martinez.

Past Meetings

- 1st: November 16, 2017
- 2nd: January 26, 2018
- 3rd: October 18, 2018
- 4th: April 29, 2019
- 5th: TBA

Members:

Dr. Tami Thomas, ANew Project Director
Michelle Caldera, ANew Program Manager
Dr. Joe Pepe, FDOH Hendry/Glades County
Leo Rodriguez, FDOH Hendry/Glades County
Valentino Clarke, FDOH Hendry/Glades County
R.D. Williams, CFO - HRMC
Lynn Chiarelli, Director of Physician Practice, HRMC

Please stay tuned for our next newsletter highlighting our nursing students in Hendry & Glades County!

For more information, please contact Michelle Caldera
mcaldera@fiu.edu or visit <https://cnhs.fiu.edu/ANew/>