

FIU

FLORIDA INTERNATIONAL UNIVERSITY

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College of Nursing
& Health Sciences



WELCOME

Hello and welcome, to the fifth newsletter of the ANEW Traineeship!

This issue is titled ***"The Road to Health Equity"***, inspired by the countless trips made to Hendry and Glades County by our nursing students, faculty, staff, and community partners in order to increase health equity in the rural communities of Florida.

I am happy to announce that the **Health Services Administration (HRSA) has awarded a \$1.2 Million extension allowing the ANEW Program to continue until 2021.** Funds have been allocated for the continuation of trainings focused on primary care services, telemedicine, opioid use disorder, mental health, pain management, and HIV patient care.

THE ROAD TO HEALTH EQUITY

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& PhD Program Director

Why ANEW Matters:

2019 ANEW Traineeship

The current shortage of healthcare training and incentives for both physicians and nurses to work in rural areas has negatively impacted rural healthcare by limiting patient access to primary care services.

Over the past 2 years, ANEW has tackled this shortage by preparing Advanced Practice Nurse Practitioner students specializing in Family, Adult, and Pediatric care to **provide primary healthcare services in rural and underserved communities, with specialized trainings in pain management and opioid use disorder.**

As a whole, ANEW Trainees have dedicated over 2,940 clinical hours in rural Hendry and Glades County Florida working alongside community partners and clinical preceptors to provide primary and preventative care for patients of all ages, cultural backgrounds, and social economic status.

“

The ANEW traineeship has been a life changing experience, I am so grateful and honored to have participated in this program and I feel confident of my newly acquired skills as a nurse practitioner to better serve my patients and community.

– 2019 ANEW Trainee



Traineeship Spotlight:

Summer 2019 ANEW Traineeship



The ANEW Summer 2019 cohort was highly anticipated by our FIU Community and Hendry County partners as it included 2 additional clinical sites, 3 new preceptors, access to telehealth, trainings in opioid use disorder, pain management, and HIV patient care.

The Summer 2019 Cohort began May 13, 2019 and concluded July 19, 2019. Trainees included:

1 Family Nursing Student

Ahmed Abdulhamed

2 Pediatric Graduate Nursing Students

Rita Ozomah

Praveen Sah

3 Adult Graduate Nursing Students

Timur Kadirov

Maria Budylna

Marteng Adolphe

Over the course of 3 months, each trainee completed over 210 clinical hours assessing and treating 12-20 patients daily - ranging from primary care, HIV/AIDS care, women's health, adult, and pediatrics.

Summer Highlights:

Mrs. Marteng Adolphe, completed her rotation with the Department of Health Ryan White clinic located in Labelle, FL., and provided primary care services to HIV patients both in person and via telehealth, while receiving specialized HIV Training.

Mrs. Maria Budylna has received an offer of employment from Hendry Regional Medical Center as a Full Time ARNP. We anticipate an interview date scheduled for later this year.

Traineeship Spotlight:

2019 ANEW Graduates

Spring and Summer 2019 ANEW Trainees have successfully completed their traineeship, passed their ACNN exams, and graduated with their MSN degrees.

Through the ANEW Program, our trainees increased their knowledge on rural healthcare, opioid use disorder, pain management tools, importance of health equity, and patient safety - discovered new assessment and treatment techniques, and overall amplified their role as a Nurse Practitioner.

During graduation, trainees received the “ANEW Traineeship Recipient” award for their dedication and commitment to serving rural communities.

Rita Ozomah, ARNP



Maria Budylna, ARNP



Marteng Adolphe, ARNP



Praveen Sah, ARNP



Timur Kadirov, ARNP



Ahmed Abdulhamed, ARNP



Manoj Shukla, ARNP



ANEW Outlook on Healthcare

Summer 2018 trainee Angelina St. Germain is 1 of 3 ANEW Traineeship graduates currently employed as a full time ARNP in an underserved community in Florida due to her participation in the ANEW program.

Currently, Angelina is enrolled in the FIU DNP Program working alongside ANEW Project Director to increase rural HPV vaccine series completion. Due to her continued success, Angelina has been featured in FIU NEWS June 2019 Edition.

ANEW Community

On the Road to Health Equity

Medicine & Health Sciences

'I've found my passion in rural health care'

A nursing student shares her story of working with underserved populations

FIU News



Community Engagement

ANEW Trainees were heavily involved in Hendry and Glades County community events, such as the annual Hendry County Health Fair where they engaged with community members and worked with the Florida Department of Health performing HIV screenings and promoting safe sex practices.



-Spring 2019, Hendry County Health Fair

Rural Healthcare Research

Traineeship clinical data will be used to increase knowledge on rural healthcare training and incentives. Trainees credit the program as an experience that sharpened their clinical and decision making skills to work as a more open and knowledgeable provider in any clinical setting.



-Summer 2019, "SOPS: Opioid Use Disorder" Course Discussion with Dr. Derrick Glymph

Disease Prevention

ANEW Trainees worked alongside, clinical preceptors, staff, and community health directors to address, treat, and prevent chronic health disparities and concerns such as hypertension, diabetes, obesity, safe sex practices, pregnancy, infant care, and flu vaccine completion.



-Summer 2019, ANEW Traineeship Clinical Orientation



Community Advisory Board

With the support from the **ANEW Community Advisory Board**, the Department of Health Clinic in Labelle that was destroyed due to Hurricane Irma, has been renovated and opened June 2019.

This renovation has added 2 additional clinical sites which include 3 new preceptors - 1 full-time pediatrician, 1 full-time ARNP, and 1 part-time primary care physician specializing in HIV/AIDS patients.

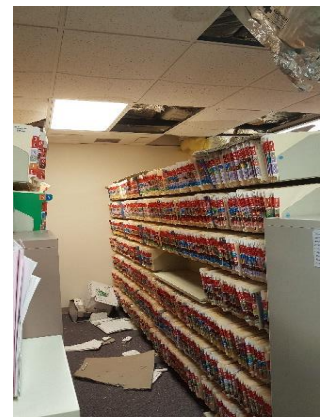
Due to the success of the ANEW program and current collaboration between FIU NWCNHS and rural partners, an **FIU College of Nursing Alumni has been hired as a full-time Adult ARNP provider in Hendry Regional Medical Center in Clewiston.**

We are encouraged by the progress made and continue to meet regularly with all rural clinic stakeholders to discuss upcoming traineeship cycles.

Florida Department of Health Labelle Clinic

1140 Pratt Boulevard
LaBelle, FL 33935

Before (Post Hurricane)



After (Post Renovations)



"The Road to Health Equity"

- ANEW 2020 -

In comparison with our pilot cohort, we are happy to report an increase in the success of the ANEW Program.

For the 2019 year, we have **doubled** the amount of graduate nurse practitioner students accepted into the ANEW Traineeship program, and gained additional preceptors, clinical sites, and newly funded trainings on opioid use disorder, pain management, telehealth, and HIV patient care.

*Based on initial, mid, and final clinical evaluations of ANEW Trainees, participation in the ANEW Traineeship Program demonstrates a **100% increase in graduate nursing student performance in clinical decision making skills, cultural competency, and primary, acute, and comprehensive patient care.***

Innovations in Clinical Training

As part of the HRSA Administrative Supplement Award, the training course titled "**SOPS: Safe Opioid Prescribing Strategies**" was implemented January 14, 2019. "SOPS" provides trainings on opioid use disorder, mental health in relation to patient pain management, and proper pain management and prescription in emergency care settings.

As course Instructor, **Dr. Derrick Glymph DNAP, CRNA, APRN, COL., USAR** has interacted with students throughout the 8 month course development via in person and conference call meetings where students discussed modules, pre and post assessments, assignment, quizzes, current readings and research on opioid use disorder in rural areas, and debrief on knowledge, understanding, progress, and application of trainings in clinical rotation.

Course assignments and quizzes translated to trainee clinical rotation where they gained experience using EFORCE to track opioid dependent patients in Labelle and Clewiston.

In total 9 Graduate nursing students gained critical knowledge and understanding on how to detect over prescription of pain medication, monitor and track patients dependent on prescription pain medication.

Starting Fall 2019, "SOPS" will be available to select FIU Graduate Nursing students outside the ANEW Traineeship.

For more information, please visit
<https://cnhs.fiu.edu/ANEW/>

