

**KARA Z. NURSING**  
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## **ACADEMIC BACKGROUND**

- PhD 1990 University of Kansas School of Nursing, Kansas City, KS  
Clinical: Nursing; Functional: Research  
Doctoral dissertation: Fulfilling parental identity through private adoption  
Chairperson – Mentor Name, Title and Department  
Pre-Doctoral Fellowship – Transcultural Nursing  
Valedictorian
- Post-Masters 1990 Florida International University College of Nursing, Miami, FL  
Pediatric Nurse Practitioner  
Internship — Developmental and Behavioral Pediatrics
- MSN 1987 University of Miami College of Nursing, Miami, FL  
Clinical: Nursing (Pediatric); Functional: Nursing Education  
Master's Thesis: The development of a tool to show the relationship between opportunity for acquaintance and the formation of attachment  
Chairperson – Mentor Name, Title and Department  
Nurse Traineeship
- BSN 1980 University of Missouri–Kansas City (UMKC), Kansas City, MO

## **LICENSURE AND SPECIALTY CERTIFICATION**

- 1993-Present Advanced Registered Nurse Practitioner, (ARNP), Child Health, per Florida licensure
- 1996-Present National Certification: Pediatric Nurse Practitioner, ANCC  
Recertified date

## **PROFESSIONAL/ACADEMIC HONORS AND AWARDS**

- 2008 Special Volunteer Service Miami-Dade County Health Department
- 2006 Recognition for work with Children's Trust and School Health Connect
- 2003 Graduate Faculty Recognition
- 2001 Teacher Incentive Program (TIP), Florida International University
- 1996 Excellence in Teaching Award Florida International University
- 1995 Tenure, Florida International University

## **PROFESSIONAL EXPERIENCE**

- 2000-Present **Pediatric Nurse Practitioner**, Children Hospital, Hollywood, FL Obtain history and physical assessment on infants to young adults. Identify and order diagnostic tests, medications, therapies and referrals. Educate patients and families on speech,

motor and cognitive development, diagnosis, medications, and plan Provide information on community resources available to the patient and family.

1993–2000 **Clinical Research Coordinator** Department of Nursing, University of Missouri–Columbia (UMC) Assisted in the development and conduction of multiple clinical trials in rheumatoid arthritis, systemic lupus erythematosus, and ankylosing spondylitis; participated in IRB submission, recruitment of patients, conduction of study visits, venipuncture, and database entry.

## **RESEARCH AND SCHOLARSHIPS**

2010

### **Department of Obstetrics/Gynecology, KU School of Nursing**

Mucin Gene Research—Mentor Name, Title and Department

Evaluated the human mucin (MUC) gene and its effect on endometrial cells; reviewed patient charts, extracted data of patients with a history of endometrial cancer, and entered data into database.

2000

### **Department of Obstetrics/Gynecology, KU School of Nursing**

Placenta Previa—Mentor Name, Title and Department

Led retrospective trial evaluating incidence of placenta previa in patients with prior cesarean sections versus prior trials of labor.

Name, **Your Name**. (2014) Family adjustment across cultural groups in autistic spectrum disorders: A pilot study, *Advances in Nursing Science*, 37(2), 1767-184.

Name, **Your Name**, More Names. (2012) Medical advice and diabetes self-management reported by Mexican-American, Black- and White-non-Hispanic adults across the United States. *BMC Public Health*. 12, 185- 187 .

Name, **Your Name**, More Names. (2009) Measure of strength of commitment to successful diabetes self-management among blacks: reliability and validity. *European Journal of Scientific Research*, 26 (2).176-188. (Data-Based Research)

## **PROFESSIONAL ACTIVITIES**

### **Consultant:**

Children’s Trust – School Health Connect 2005-2010

Southern Conference of Nurse Researchers: Chair, Publicity Committee, 1996; Moderator, 1996; Research Committee, 1993

### **Book/Manuscript/Clinical Practice Protocols/Abstract/Tenure Reviewer:**

#### **Books:**

Yearwood, E (Ed) (2011) *Psychosocial Nursing*. Philadelphia: Wiley, Blackwell.

Vessey, J, (Ed). School nurses manual for learning disorders and attention deficit hyperactivity

#### **Manuscripts/Journals:**

Reviewer Death Studies (2010)

Reviewer Adoption Quartley May .2002

**Clinical Practice Protocols:**

Reviewer American Academy of Pediatrics Protocol (Poverty and Child Abuse, 2011)

**Abstracts**

SNRS Poster Review Committee, 1996

South Florida Nursing Research Society: Abstract reviewer, 1993

**SERVICE AND OUTREACH ACTIVITIES**

**National**

Member of National Committee on Medication Recommendations for Infants, Children, and Adolescents (NAPNAP) (2013)

ANCC Clinical Expert Member at Large (2011-Present)

Training Program Cultural and Linguistic Competency in Curricula and Training Workgroup (2004)

**State**

University of South Florida Collaborative for Families and Children, Tampa, (1998)

Workshop for the State Coalition School Health, Tampa and Tallahassee, (1994-1995)

State of Florida Governor's Consortium for School Health (1994-1995)

**Local**

South Florida Asthma Consortium (2007-2010)

School Health Medical Advisory Committee (1997-Present) Elected Vice-Chair 2006  
Chair 2007-08

School Health Initiative Workshop, Boca Raton, May (1999)

Early Childhood Initiative, Children's Health Trust Miami, May (1999)

**Community Projects:**

Faculty/Student Project: Revision of School Health Facilitator Manual Dade County Schools

Faculty/Student Project: Education modules for the Nurse/Nurse Practitioner on advocating for students at risk for developmental and/or behavioral problems (IDEA, 504, No Child Left Behind).

**Non-Remunerated:**

Volunteer: Physical assessment for Special Olympics 2004, 2005, 2006, 2007,2008, 2009, 2010, 2011

Member: Miami Dade County School Health Advisory Committee 2003-present  
Sub-Committees: Obesity, Lice, School Facilitator Manual

Pediatric Nurse Practitioner Post-Masters Internship:

In collaboration with Dr. Jaime Zusman (Behavioral Pediatrician) 2000-2001

Contributor: Southern Regional Educational Board – School Health Initiative Project 2000

**PROFESSIONAL AFFILIATIONS**

American Nurses Association

Florida Nurses Association

National Association of Pediatric Nurses and Nurse Practitioners

Sigma Theta Tau, Lambda Chi and Pi Alpha Chapters

Center for Autism and Related Disabilities