

# FIU NURSE ANESTHESIOLOGY

# SEDATION

# SEQUEL

SHOWCASING THE HARD WORK AND DEDICATION FROM BOTH THE STUDENTS AND FACULTY OF FIU'S NURSE ANESTHESIOLOGY PROGRAM



DOCTORAL HOODING-  
COHORT 2025



JENNA SMITH, SRNA- CO'26  
JAZMIN ARAUJO, SRNA-CO'26

## CONGRATULATIONS

WEBSITE

[HTTPS://CNHS.FIU.EDU/ACADEMICS/  
NURSING/NURSE-ANESTHESIA/](https://cnhs.fiu.edu/academics/nursing/nurse-anesthesia/)

EMAIL

CRNA@FIU.EDU



COMMISSION ON  
COLLEGIATE NURSING  
EDUCATION

# FACULTY CRNA RECOGNITION

"THE GREATEST GOOD YOU CAN DO FOR ANOTHER IS NOT JUST TO SHARE YOUR RICHES, BUT TO REVEAL TO HIM HIS OWN." - BENJAMIN DISRAELI

**DEAN, NICOLE WERTHEIM  
COLLEGE OF NURSING AND  
HEALTH SCIENCES:  
DR. JORGE VALDES**



**DR. YASMINE CAMPBELL,  
DNP COORDINATOR**

**PROGRAM CHAIR:  
DR. ANN B. MILLER**



**ASSISTANT CHAIR:  
DR. VICENTE GONZALEZ**



**DR. FERNANDO ALFONSO  
CLINICAL COORDINATOR,  
SIMULATION COORDINATOR**



**DR. KESHIA GATTORNO  
CLINICAL COORDINATOR**



**DR. PETER HERNANDEZ,**

**DR. VALERIE DIAZ  
CURRICULUM COORDINATOR,**



**DR. INGRID HERNANDEZ**



## FACULTY RECOGNITION CONT.



**DR. JENNIFER HAVENSTEIN**  
ADJUNCT FACULTY



**DR. LINDSEY BELL**  
ADJUNCT FACULTY

Modesto A. Maidique Campus (Main): 11200 SW 8th Street, Miami, FL 33199

**FIU NURSING & HEALTH SCIENCES IS ON THE  
RISE!**

**#30**

NURSING ANESTHESIA

**#31**

MASTER OF SCIENCE IN NURSING

**#41**

DOCTOR OF NURSING PRACTICE

**#50**

MASTER OF OCCUPATIONAL THERAPY  
PROGRAM

## RECENT ACCOMPLISHMENTS



### AANA FELLOW & CHAIR OF THE EDUCATION COMMITTEE



**DR. YASMINE CAMPBELL, CRNA,  
APRN, CNE, CHSE, FAANA**

### ELECTED EDUCATION DELEGATE



**CAPT DR. VALERIE J. DIAZ, DNP, CRNA,  
PMHNP-BC, APRN, CNE, CHSE, NC, USN**

We are proud to recognize Dr. Yasmine Campbell, who has been inducted as an AANA Fellow. This is the highest honor awarded by the American Association of Nurse Anesthesiology. This distinction is awarded to CRNAs who have committed themselves to excellence and have demonstrated exceptional leadership and contributions in the profession of nurse anesthesiology. Dr. Campbell's induction is reflective of her commitment to clinical practice, nurse anesthesia education, and national professional leadership.

In addition to being an AANA Fellow, Dr. Campbell serves as Chair of the AANA Education Committee, where she leads in shaping the future and standards of nurse anesthesia education. We also congratulate Dr. Valerie Diaz, who has been elected as a member of the AANA Education Committee as the elected education delegate. Dr. Diaz's appointment underscores her dedication to supporting the academic and professional development of both current and future CRNAs.

These accomplishments highlight the strong level of leadership within our program and the meaningful impact our faculty continue to make on the nurse anesthesia profession. We congratulate and thank both Dr. Campbell and Dr. Diaz for their contributions, as well as being examples for others in leadership, education, and professional excellence.

# **FIU RECRUITER DAY**



On September 20, 2025, Florida International University hosted the 3rd Annual Recruiter Day! A prime networking opportunity that has brought together students from all nine CRNA programs across Florida with top employers across the country for the past several years. This event highlights FIU's commitment in addressing shortages in nurse anesthesia staffing across the United States. With over 30 recruiters and product representatives, this was an amazing opportunity for students to garner employment, benefits, and career tracks!

## **TOP TIPS FROM RECRUITER DAY:**

1. Dress for Success: Wear your FIU white coat and business attire
2. Bring your CV: Have several copies for recruiters to review
3. Introduce Yourself Confidently: Share your experience and career goals
4. Network! You never know your next opportunity for growth
5. Ask Questions: Learn about mentorship, benefits, and work environment
6. Follow up: Send thank you emails and connect on LinkedIn
7. Stay Curious: Explore different opportunities and engage with product representatives!

# **CRNA WEEK**



CRNA Week is a time to recognize and celebrate the vital role Certified Registered Nurse Anesthetists play in delivering safe, high-quality anesthesia care and advancing the profession. For practicing CRNAs, it highlights professional advocacy, education, community outreach, and recognition of their clinical expertise and leadership.

For nurse anesthesia students and universities, CRNA Week honors the rigor of CRNA education and the dedication required to enter the profession. It provides opportunities for mentorship, learning, and reflection, while celebrating students' commitment, resilience, and future impact in healthcare.



# Celebrating CRNA Week

As we celebrate CRNA Week, I want to take a moment to recognize each of you and the remarkable profession you are a part of.

Certified Registered Nurse Anesthetists have a proud and impactful history, one rooted in courage, clinical excellence, and unwavering commitment to patient care. From the battlefield nurses of the late 1800s to the highly skilled anesthesia providers of today, CRNAs have consistently shaped the evolution of safe and accessible anesthesia practice.

Your dedication to mastering this complex and vital specialty carries that legacy forward. I am inspired by your hard work, compassion, and determination, and I am confident that you will continue the tradition of excellence that defines our profession.

I'd also like to celebrate our extraordinary faculty and staff whose unwavering dedication and commitment to making FIU a premier Nurse Anesthesiology Program. Their expertise, mentorship, and passion for advancing the profession help ensure that we continue graduating the future leaders of nurse anesthesiology.

Thank you for your commitment, this week, and every week, we celebrate you and the extraordinary path you have chosen.

Respectfully,  
Dr. Ann Miller

# Pearls of Wisdom

ADVICE FROM DR. CAMPBELL



Dr. Valdes, Dr. Diaz, Dr. Campbell, Dr. Miller

**“People will forget what you said, people will forget what you did, but people will never forget how you made them feel.”**

- Maya Angelou

## *What motivates you to stay involved in the profession?*

My motivation comes from the privilege of educating and mentoring the next generation of CRNAs. As an Associate Professor, I see firsthand how research and education drive innovation and improve patient outcomes. Contributing to scholarly work and guiding students through complex concepts keeps me inspired and connected to the core values of our profession. Nurse anesthesia is dynamic, and being part of its evolution through teaching, research, and collaboration fuels my commitment to remain actively engaged.

## *How can someone remain involved in the profession after graduation?*

As you transition from student to professional, remember that your education does not end at graduation. It evolves in many ways. Staying actively involved means embracing lifelong learning and contributing to advancing our field. One of the most impactful ways to do this is through research and scholarship. Seek opportunities to participate in studies, publish your findings, and share knowledge at conferences. This not only strengthens your expertise but also elevates the profession.

Engage with academic and professional organizations, volunteer committees, and consider teaching or precepting in the future. These roles allow you to give back while staying connected to emerging trends and evidence-based practices. Continuous involvement ensures that you remain a leader in shaping the future of nurse anesthesia. My newest love is global insights<sup>7</sup>, furthering access to nurse anesthesia education in Caribbean countries. Find your passion and continue to grow it.

# BREAKING NEWS!

## A WIN FOR CRNAS!



**Chelsea Patterson, Mayor Keith James, Kathleen Thiebeault**

**CRNA DAY  
2025**

Chelsea Patterson, an FIU nurse anesthesia student and FARRNA representative, recently helped secure a proclamation from West Palm Beach Mayor Keith James recognizing CRNA Week 2026. Alongside FIU CRNA program alumna Kathleen Thiebeault, Patterson accepted the proclamation, marking a meaningful moment for nurse anesthesia advocacy in South Florida.

The recognition underscores the vital role Certified Registered Nurse Anesthetists play in patient care across the state and reflects ongoing efforts to elevate the profession through collaboration with FIU, FANA, and FARRNA.

defecto decorrente de material ou mão-de-obra de defeitos do período de dois anos de garantia, a Philips reparará ou substituirá sem qualquer encargo para o consumidor. A utilização da garantia para o reparo ou troca do produto está a apresentação da fatura e/ou nota fiscal de compra original, desde que a data da compra não seja anterior à data de apresentação da garantia. A garantia não cobre produtos e/ou peças de reposição que estejam sujeitos a desgaste e/ou possam consumíveis dada a sua natureza.



## AANA ANNUAL CONGRESS POSTER AND PODIUM PRESENTATIONS

**FUN FACT: GREGORY KJONO  
WON THE AANA'S ANNUAL  
COLLEGE BOWL!**

### **1 HANNAH TABORA-POSTER AND PODIUM**

*“The Utilization of Intranasal Remimazolam in the Pediatric Population for Posteropoperative Delirium- An Educational Module”*

**2**

### **TIFANNY JACKSON-POSTER**

*“The Impact of Active Smoking Vs. Non-Smoking Status on Pain, Severity, Perception, and Local Anesthetic Blockade.”*

**3**

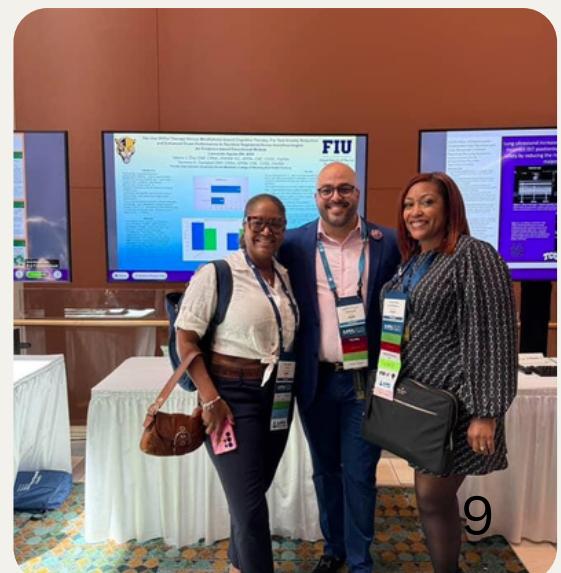
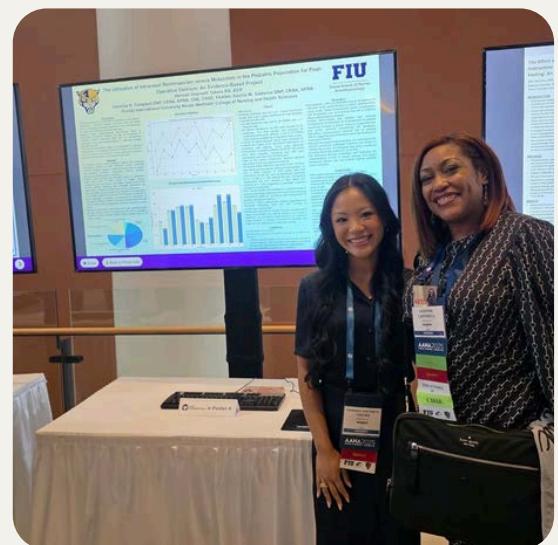
### **LEONARDO AGUILA-POSTER**

*“The Use of Pet Therapy Vs. Mindfulness-Based Cognitive Therapy for Test Anxiety Reduction and Enhanced Exam performance in Registered Nurse Anesthesiologist”*

**4**

### **ASHLEY LEMA-POSTER**

*“A Quality Improvement Project on the Impact of Mindfulness Education on Student Registered Nurse Anesthesiologist Success”*



# Doctoral HOODING

EVENT DAY- GRADUATION!

Sat, 13 December

From 4:30 pm to  
5:30 pm

 Save the date

The doctoral hooding ceremony at Florida International University marks a powerful and deeply meaningful milestone for our nurse anesthesia students—a moment that honors years of sacrifice, resilience, and unwavering commitment to excellence in patient care. This ceremony is not only a celebration of academic achievement, but also a recognition of the countless hours, challenges, and personal growth that shaped each student into the clinician and leader they are today. It also honors the parents, families, friends, mentors, and loved ones whose encouragement, patience, and belief provided the foundation of support throughout this demanding journey. Behind every hood placed is a village that stood strong through long nights, missed moments, and moments of doubt. As these hoods are bestowed, they symbolize gratitude, perseverance, and pride. Congratulations to each of you on this extraordinary accomplishment and on the hard work, dedication, and heart that carried you to this moment.



# CLASS OF 2026 CONQUERS THE SEE!

The Self-Evaluation Examination (SEE) is a comprehensive assessment administered by the National Board of Certification and Recertification for Nurse Anesthetists (NBCRNA), that serves to prepare students for the National Certification Examination (NCE).



Congratulations are in order to the Class of 2026 for their exceptional SEE scores with a total average of 439 and a high score of 489! The SEE provides valuable feedback in ensuring students are prepared for National Board Certification. Taken during the second year of the program, these SEE scores can then be compared to the national total average from students at the same level in 2024, which was 411.

## STUDY TIPS:

1. Know the 4 subject areas!
  - a. Basic Sciences
  - b. Equipment, Instrumentation & Technology
  - c. General Principles of Anesthesia
  - d. Anesthesia for Surgical Procedures & Special Populations
2. Utilize APEX for review + practice questions + flashcards!
  - a. Work on test taking stamina!
  - b. Always review the rationales!
3. Create a study plan to pace yourself

*Amazing*  
**Work FIU!**

# CLASS OF 2027 OFFICERS

**President: Michael Badalamenti**

**Vice president: Hailey Adams**

**Treasurer: Justin Melo**

**Social media: Teresita Noguera**

**Wellness: Jacqueline Denis**

**Sedation Sequel Editor: Carolyn Kutchback**

**Sedation Sequel CO Editor: Lauryn Ashmon**

**FANA Representative: Chelsea Patterson**



**CLASS OF 2027 PRESIDENT, MICHAEL BADALAMENTI PICTURED AT THE NWCHNS WHITE COAT CEREMONY**



**CLASS OF 2027 WELLNESS OFFICER, JACQUELINE DENIS, PICTURED AT THE NWCHNS WHITE COAT CEREMONY**

# Anesthesia WORD SEARCH

Y LOS B P B I K X P W H N D C O Q W F R B H T P  
N S H G R Z W L I U I H Z U O I A D Q Z J O F F P  
W B L Q O S V D W L B N K W K W Z B N B J U U B P  
I Z W G N C N Q T O U H W E T O F I K M L G I L O  
P L B A C H S N A V J F E O A Y N M J L U I T J N  
X P R W H F I F M L Z A N S Z N V I Z I I E L E U  
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F U P C S N Z L I K Y M O C M K G S M J J N P D Z  
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D O Q X A W M R U T S G R O P S A V P H V L C B B  
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T M K Y R Y V R J I R Q H P G R B U N N S X I D W  
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C R N A D O A C R E A G A L T W Y S E A X Y F L X  
W T L R J E Z U N V K J L Z Y M A C A G L Q L I J  
S J W A F Z G R P R E O X Y G E N A T I O N E S Q  
C C C I W R A O H Q P T T E C K R M E U Y X O Z Z  
K V X R F A X N R B Q C C S W G G Z P D E Q O X T  
O N E W E V I I T N E C S E E V L N L B V D P J X  
Y A R A A R A U G P M K W K R A T T M A D F C P R  
X V H Y G B X M I O Y G J S Q D X T X Y M G D T X  
S A S H I Q Z B Y P E E P G N Y M N T A Z O F J H  
W P Z P T F N P R O D O Y U U B C P R O P O F O L  
B B F U E G E D P R F A N B G B E W O O I J B Y O

Preoxygenation	Endotracheal	Bronchospasm	PEEP
Rocuronium	Anesthesia	Propofol	MAC
Ketamine	Epidural	Bougie	
CRNA	Airway		

