

Dr. David Capote, PT, DPT

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EDUCATION

Ola Grimsby Institute, San Diego, CA
Residency in Orthopedic Manual Therapy 2011

Arcadia University, Glenside, PA
Doctorate in Physical Therapy 2010

Case Analysis: A More Aggressive Treatment Protocol for Post-Operative Total Knee Arthroplasty.

Ola Grimsby Institute, San Diego, CA
Certification in Orthopedic Manual Physical Therapy 2009

Florida International University, Miami, FL
M.S. in Physical Therapy 2007

Masters Project: Utilization of an exercise protocol with the distal segment fixed following primary unilateral knee replacement: a descriptive analysis. Presented at APTA Combined Sections Meeting.

Florida International University, Miami, FL
B.S. in Exercise and Sports Sciences 2004
Areas of Concentration: Athletic Training/Exercise Physiology
Minor: Strength and Conditioning

CERTIFICATIONS & AWARDS

Kinematic Taping Certified Clinician (KTCC) 2014

APTA Credentialed Clinical Instructor 2013

FIU Torch Awards - Internship Dean's List 2013

Certified Orthopedic Manual Therapist (COMT) 2009

Licensed Physical Therapist (FL 23905) 2008

Certified Strength & Conditioning Specialist (CSCS) 2005

CLINICAL EXPERIENCE

Physicians Health Center, Miami, FL
Clinical Site Coordinator – Physical Therapist 2008 – 2018

Oversee physical therapists and physical therapist assistants in an outpatient orthopedic physical therapy setting. Serve as the CCCE in overseeing all physical therapy interns from FIU and MDC.

Select Physical Therapy/HealthSouth, Miami Lakes, FL
Certified Strength & Conditioning Specialist/Rehab Tech 1999 – 2007

Worked with high school and college athletes in post-rehab development programs with emphasis on strengthening maintenance related to orthopedic injuries.

TEACHING EXPERIENCE

Florida International University

Clinical Assistant Professor

2018 - Present

Clinical Assistant Professor in the Doctoral Physical Therapy program, with concentration on Advanced Orthopedic Physical Therapy, Musculoskeletal Systems, Kinesiology, and Administrative coursework. Also serve as clinical faculty for Doctoral research projects with concentration in orthopedic rehabilitation.

Florida Institute of Orthopedic Manual Physical Therapy

Vice President/Instructor

2014 – Present

Collaborate on curriculum and lab instruction in orthopedic manual physical therapy techniques and approach to treatment for orthopedic related pathologies for certification programs in orthopedic manual therapy.

Florida International University

Adjunct Professor

2015 - 2017

Adjunct Professor in the Doctoral Physical Therapy program, with concentration on Advanced Orthopedic Physical Therapy and Theories in Orthopedics.

Florida International University

Clinical Instructor

2010 - 2017

Served as CCCE between 4 physical therapy clinics and FIU faculty. Recognized at Annual Torch Awards for high level of distinction for Academic Teaching.

Miami Dade College

Clinical Instructor

2008 - 2017

Oversaw PTA students as well as Physical Therapist Assistants who serve as Clinical Instructors.

Physicians Health Center

Lecturer

2008 – 2018

Perform lectures for various clients in topics including injury prevention, spine safety, and ergonomics awareness.

RESEARCH EXPERIENCE & PUBLICATIONS

Capote D, Denizard B, Dolgoff A, Firpi R, Montenegro V, Rossi M. *Efficacy of Brachial Plexus Kinematic Taping (KT) on Median Nerve Tension and Upper Extremity Mobility.*

Poster Presentation as FIU DPT project

2018

Capote D, Freire J, Garcia T, Guzman L. *The effect of kinesiотaping on increasing flexibility of hamstrings via muscle inhibition.*

Poster Presentation as FIU DPT project

2017

Eberle T, Rossi MD, Roche M, Blake R, Burwell B, Elbaum L, **Capote D**, Cata J.
*Utilization of an exercise protocol with the distal segment fixed following
primary unilateral knee replacement: a descriptive analysis.*
Presented at APTA Combined Sections Meeting

2008

Florida International University, Miami, FL

Graduate Assistant

2006 – 2007

Worked under professor Dr. Mark Rossi in the FIU Physical Therapy program,
while assisting in orthopedic research by graduate students.

PRESENTATIONS

FPTA Student Conclave

Thrust Manipulation

2019

Florida International University – Herbert Wertheim College of Medicine

Musculoskeletal Orthopedic Evaluation Process

2019

Florida International University – NWCNHS: Occupational Therapy Dept

Biomechanics and Joint Mobilizations for the Upper Extremity

2018 - Current

Florida International University – Wellness & Recreation Center

Optimizing Exercise Dosage

2018

Florida International University – Panther Alumni Week

Career as a Physical Therapist

2018

Physicians Health Center

Lecture Series on Wellness & Injury Prevention at the Workplace

2008 - 2018

Physicians Health Center

Emerging Trends Seminar in Occupational Medicine

2011 - 2014

Miami-Dade College

Clinical Instructor Advisory Panel

2012

PROFESSIONAL MEMBERSHIPS

American Physical Therapy Association

Orthopedic Section – American Physical Therapy Association

Florida Physical Therapy Association

National Strength and Conditioning Association